

April 2021



March '21						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

May '21						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1 Call your parents, grandparents or an older relative just to say hi	2 Good Friday Instead of asking for birthday presents this year, ask friends & family for donations	3 Next time someone is rude to you, don't get upset: try to understand their point of view
4 Easter Orientation Day New Students Surprise a friend or family member with chocolate	5 New Session Begins Smile at everyone you see all day long	6 Share your favorite recipe with a neighbor	7 World Health Day (Assembly) Eat three balanced, healthy meals and exercise	8 When you use a gift card, tell the cashier to apply the leftover balance to the next person in line	9 Write a note to give to your sibling with everything you love	10 Spell Bee (1-3)
11 Fill used plastic bottles with kind notes & hide them around your city	12 Unplug all the outlets in your house before you leave	13 Assembly Connect with your best friend one way or another today.	14 Ambedkar Jayanti Donate coloring books & crayons to a children's hospital	15 Remember to turn off the water while brushing your teeth	16 Send a print of a picture you took of a friend	17 Calligraphy (1-3) Video chat with a relative you haven't seen in awhile
18 Compliment ten people before noon (on their clothes, smile, anything you can think of!)	19 Go on a hike & pick up all the trash you see along the trail	20 Write special things about a loved one on cut out hearts. They can read a message anytime they get lonely or need a pick-me-up.	21 Ram Navami Attend a local, volunteer cleanup effort	22 Earth Day (Assembly & celebration) Donate some of your old books to a library or children's shelter	23 World Book Day Assembly	24 Tell a Tale (1-3) Talent Hunt (KG-3) Do an act of kindness for someone & encourage them to pay it forward
25 Mahavir Jayanti Buy a box of your friend's favorite flavor of Cookies & give it to them	26 Pack someone a lunch for the day	27 Place a note of appreciation & a small gift in a neighbor's home	28 Find out a friend's birthday & surprise them with a treat on that day	29 Invite someone new to sit with you during lunch	30 Ayushman Bharat Diwas (Assembly)	1
2	3	Notes Working Days 21				

May 2021



April '21						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

June '21						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	30	1 International Labour Day (Assembly) Take a moment to kick back, relax, and appreciate the little things in life
2 Start a fundraiser online or at your school	3 Write inspiring notes to leave on random cars in a parking lot	4 Learn about holidays celebrated by cultures different from your own	5 Publicly bring attention to the accomplishments of someone that deserves more recognition	6 Email a former teacher that impacted you	7 Draw a picture for a friend	8 World Red Cross Day Mothers Day Competition Acknowledge someone when they walk into the room
9 Mothers Day (2nd Sunday) Treat your mom or help her cook	10 Professional Development Activity for Teachers (6-8) Share your notes or study guide with a classmate that's been out sick	11 National Technology Day (Assembly) Learn how to say "please" & "thank you" in 5 different languages	12 Eid Ul Fitar Treat a friend or stranger to a tea	13 Expand your circle of friends by inviting someone new to town to hang out	14 Special Assembly (Urban Waste) Smile & greet strangers on the street	15 Tell a Tale (1-3) Pre-Primary PTM Listen to an upbeat playlist while you get ready in the morning
16 Slip a note of gratitude under a sibling, parent or roommate's door	17 Make an effort to start every conversation you have today on a positive note	18 When someone does something nice for you, give them a handwritten thank you card	19 Write for fun: whether it's for a story, poem or your journal - put your pen to paper	20 Special Assembly (Global Warming) Give a heartfelt note to your teacher	21 Help a person get out of an awkward situation	22 Co-Scholastic Day Learn something new about a different culture
23 Summer Vacation Begins Ask & remember the names of people you consistently see on a daily basis	24 Be extra enthusiastic when someone tells you good news	25 Start reading a book that's been collecting dust on your shelf	26 Learn how to say hello in 10 different languages	27 Share your favorite tidbits of life advice with someone	28 Leave a positive comment on a social media post you enjoyed	29 Tell a friend all the things you love about their family
30 Take photos of your friends and make them into a digital album to share with them.	31	Notes Working Days 18 Sports Club Events Lemon & Spoon Race - (Grade 1-3) Carrom Competition - (Grade 4-6)				

June 2021



May '21							July '21						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
						1					1	2	3
2	3	4	5	6	7	8	4	5	6	7	8	9	10
9	10	11	12	13	14	15	11	12	13	14	15	16	17
16	17	18	19	20	21	22	18	19	20	21	22	23	24
23	24	25	26	27	28	29	25	26	27	28	29	30	31
30	31												

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31 Unplug all the outlets in your house before you leave	1 Surprise someone with a thoughtful, inexpensive gift.	2 Replace your light bulbs with energy efficient ones and hand out a few for friends to use.	3 Tip and/or applaud a street performer	4 Make an effort to not complain for the whole day	5 World Environment Day Learn something new about the planet by watching a nature documentary
6 Dedicate a song to a friend on their favorite radio station	7 Pick up trash along the road	8 Don't interrupt others while they are talking	9 Write a list of 10 things you're grateful for when you first wake up	10 Help someone carry their groceries to their home	11 Laugh at someone's joke (even if you don't find it funny)	12 Remember that no one is perfect & we all make mistakes
13 Plant a tree in your yard or community (make sure to ask if it's OK!)	14 School Reopens after Summer Vacation Do a favor without asking for anything in return	15 Do something with or for your dad that he loves	16 Make an herb garden out of mason jars to grow in your kitchen	17 Research & draw out your family tree to give to an older relative	18 Paint compliments on a pot, plant a seed, & give it to a friend	19 Visit your local zoo or aquarium
20 Father's Day Practice mindfulness	21 International Yoga Day Special Assembly Wake up early to exercise before you go to work or school	22 Give an umbrella to a stranger on the next rainy day	23 Give a candy bar to your bus driver	24 Go out of your way to be extra nice to someone you don't really like (they may surprise you!)	25 Special Assembly (Drug Abuse) Do a chore without being asked	26 My Reading Corner (1-3) Brainvita (Quiz Comp) (Class 6 -8 & 9-10) Start a piggy bank for a cause
27 Resolve to be more authentic in your day-to-day life	28 Apologize & make amends with someone you were mean to	29 Say "Happy Birthday!" to someone outside of Facebook	30	1	2	3
4	5	Notes Working Day 15				

July 2021



June '21							August '21						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
		1	2	3	4	5	1	2	3	4	5	6	7
6	7	8	9	10	11	12	8	9	10	11	12	13	14
13	14	15	16	17	18	19	15	16	17	18	19	20	21
20	21	22	23	24	25	26	22	23	24	25	26	27	28
27	28	29	30				29	30	31				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	1 Doctors Day <i>(Assem&Speaker@Camp)</i> Schedule a checkup with your doctor	2 Write your father/mother list of things you love about them.	3 Meri Kahani - Hindi Story Competition (1-3) Lil' Nightingale Pre-Primary Rhyme/Song Competition
4 Fill a basket with everything a newborn baby needs & drop it of at a local hospital	5 Write a letter by hand to someone who's made a difference in your life	6 Tape kind notes to chocolate bars & hand them to strangers	7 Go on a walk for 30 minutes & pick up every piece of trash you see	8 Create homemade bookmarks to donate to your local library	9 Collect some umbrellas to hand out to strangers the next time it rains.	10 Spell Bee (1-3)
11 World Population Day Put a dish of fresh water outside your house for birds to drink	12 Tell your principal how awesome your teacher is	13 Offer to help a friend study for an upcoming presentation or exam	14 PT1 Print a photo with a friend & give it to them	15 PT1 Fill a birdhouse with seed for your yard	16 PT1	17 PT1 Calligraphy (1-3)
18 Share a motivating quote or story with someone who inspires you	19 Id UI Adhah Change three small things about your routine that will help the environment	20 Donate some of your clothes to a local community outreach center	21 Remind a child to always be kind, respectful, & compassionate	22 Introduce yourself to your neighbors	23 Share produce from your garden with your neighbors	24 Co-Scholastic Day Pre Primary PTM
25 Frame an old picture & send it to a friend or family member	26 Do chores for a family member that could use some extra free time	27 Fun Activity for Teachers (Grade 9-12) Offer to water your neighbor's flowers	28 Nature Conservation Day (Assembly) Place a happy or positive sign in your front yard	29 Text five old friends to let them know you're thinking about them	30 Be extra enthusiastic when someone tells you good news	31 someone self-conscious of their health or weight, offer to exercise with them
1	2	Notes Working Days 27 Sports Club Events: Chess Competition Grade(8-10) TT Competition Grade(8-10)				

August 2021



July '21						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

September '21						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Intl. Day of Friendship Respect for Parents Day	2	3	4 Donate old Halloween costumes to a children's hospital	5 Clip or print inspirational news stories to leave in hospital waiting rooms	6 Say please & thank you	7 Tell your parents how much you appreciate all that they've sacrificed for you
8 Leave a positive comment on a news article or blog post	9 Raksha Bandhan Buy five single flowers and hand them out to strangers.	10 Donate school supplies to a local public school	11 Give thanks for everyday things, not just extravagant gifts or gestures	12 Keep a pen on hand & give it to the first person that asks to borrow it	13 Surprise your best friend with a small gift or treat.	14 Do something that you find challenging today.
15 Independence Day Offer to help a friend to clean their home	16 Thank the maintenance and cafeteria staff at your school	17 Special Assembly Make a card for someone who just underwent surgery	18 Janmashtami Sign up to help patients at your local hospital.	19 World Photography Day Muharram Draw a picture for a friend	20 Plan to do one thing outside your comfort zone each day this week.	21 World Senior Citizen's Day (Assembly & Guest@Campus) Cook a meal for a senior citizen
22 Sign up to run / walk for a cause	23 Teach someone how to make your favorite healthy meal	24 Watch a documentary about something you don't know much about	25 Frame a friend's favorite quote & give it to them	26 Make a friendship bracelet & give it to a new friend	27 Leave a thank you note to your Teacher, father /mother	28 Co-Scholastic Day Write a poem for your parents
29 National Sports Day Special Assembly Reconnect with an old friend	30 Donate food to poor friends	31 Professional Development Activity (Teachers KG-5) Make monster sock puppets to give to kids	1	2	3	4
5	6	Notes Working Days 23 Socio-Eco Club Old Cloth & Toys Donation -Social Responsibility				

September 2021



August '21						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

October '21						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1 Make care bags to give to homeless people	2 Bring an extra snack to give away before you leave your house	3 Leave hats, gloves, and/or blankets on a park bench for strangers in need	4 Teachers Day (Celebration) Make a teacher smile: surprise them with a treat, note, or kind word
5 Teachers' Day Leave a kind note for a stranger in a library book	6 Spend an hour doing something to reduce the stress in your life	7 Hang a positive note or news clipping on a bulletin board	8 HY Exam Begins Hand out notes with compliments on them to friends	9 Gift an inspiring book.	10 Spend a day saying only nice things about everyone.	11 Buy a bunch of balloons & hand them out to random kids you see around town
12 Fill a jar with candy & compliments to give to a friend or family member	13 Say "hello" to someone you don't know	14 Hindi Diwas	15 Participate in the cleanup of a local river, pond, or lake.	16 World Ozone Day Make someone a homemade blanket or scarf	17 Donate shoes, boots and warm clothes to a homeless shelter	18 HY Exam Ends Get inspired! Play a musical instrument.
19 Buy a warm meal for someone in need	20 Term 2 Begins Forgive someone that you've been holding a grudge against	21 Start a gratitude journal & begin by writing 10 things you love about your life	22 Offer a cold bottle of water to someone working outside in the heat	23 (Assembly & HWA) Stop and thank an officer or fireman for their service.	24 Send coloring books, toys, and balloons to a poor child.	25 Co-Scholastic Day Take a picture with your family to send to an older relative
26 Invite some people in your neighborhood over for a potluck dinner	27 Deliver treats or flowers to a neighbor's house	28 Research a scientific topic that interests you	29 Reflect on all the good people / things in your life & say thank you as much as possible	30 Donate canned goods to a food bank	1	2
3	4	Notes Working Days 26				

October 2021



September '21						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

November '21						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	1 Organize a local cleanup effort	2 Swatch Bharat Diwas Gandhi Jayanti Send a handwritten letter to someone who's made a difference in your life.
3 Apologize to someone with whom you've had a past conflict.	4 Cook an extra portion of dinner (or dessert) for someone who needs it.	5 Do something meaningful today.	6 Send cheerful holiday cards with inspiring quotes to a hospitalized person.	7 Offer to cook a meal for the family	8 Gather some classmates to help pick up trash in your school during lunch.	9 Write a letter to your younger self and forgive past regrets.
10 Write a letter to a friend who has made a difference in your life	11 Offer chocolate to crossing guards, police officers or others who work in to high environments.	12 Special Assembly (Dussehra) Give a heartfelt note to your teacher	13 Mahanavami Ask everyone to write a note about what they appreciate about each person then read the cards aloud before dinner.	14 Dussehara Accomplish one task on your bucket list	15 Make homemade play-doh to donate to a preschool child in school.	16 Set positive intentions for the week.
17 Invite someone whose family is faraway to have dinner with yours	18 Stop what you're doing for a few minutes to just breathe and appreciate life.	19 Start a new book about a topic that is completely new to you	20 Fun Activity (Teachers Grade 6-8) Find time to read an inspiring book.	21 Send an unexpected, handwritten postcard or letter to a loved one.	22 Send cheerful cards to lonely seniors:	23 Ask an acquaintance how their family celebrates the holidays
24 Offer a glass of water or juice to a neighbor working in their yard.	25 Get some fresh air & exercise by trying a new outdoor activity	26 Reuse or personalize gift wrap to reduce waste during the holidays	27 Special Assembly Spend the day trying to create positive energy with everything you say and do.	28 Milad Un Nabi Donate toys to a child	29 Do something meaningful today.	30 Pre-Primary PTM Co-Scholastic Day
31 National Unity Day Smile! ALL. DAY. LONG!	1	Notes Working Days 21				

November 2021



October '21							December '21						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
					1	2				1	2	3	4
3	4	5	6	7	8	9	5	6	7	8	9	10	11
10	11	12	13	14	15	16	12	13	14	15	16	17	18
17	18	19	20	21	22	23	19	20	21	22	23	24	25
24	25	26	27	28	29	30	26	27	28	29	30	31	
						31							

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1 Wake up early to exercise before going to school	2 Pack lunches and hand them out to the homeless in your neighborhood	3 Special Assembly Place some painted, colorful rocks with positive/inspiring messages throughout your community.	4 Diwali Treat yourself to a small purchase of something that makes you smile, such as candy, candles, jewelry, or a book.	5 Create bookmarks with inspirational messages and hide them in library books for strangers to find.	6 Find a way to show someone you care.
7 Send a friend a book or playlist you think they would enjoy.	8 Share a post about an influential person in your life.	9 Participate in a community fundraiser	10 Chhatt Puja Make a bucket list and start by completing one thing on it by the end of this week.	11 Tap into your creative side! Write, paint, sing or dance.	12 Get festive and decorate your home for the holidays.	13 Donate brain games and art supplies to a school or children's
14 Children's Day Practice a moment of self-reflection today	15 Invite your neighbors over for dinner.	16 Frame an inspiring quote as a gift.	17 Send family, friends and coworkers coupons to their favorite shops.	18 Organize a "Charity Day" at work.	19 Send coloring books, toys, and balloons to a children.	20 Annual Alumni Meet Compliment the first three people you see today.
21 Share a picture of your pet.	22 Spend the day doing what makes you happy	23 Ask a senior citizen to tell you their life story	24 Learn something new. Take a dance or exercise class.	25 Become a "Big Brother" or "Big Sister."	26 Law Day (Guest@Campus) Treat you friend to a sweet/chocolate as a surprise.	27 Pre-Primary PTM Share your expertise and mentor someone
28 Organize a party with friends or family	29 Eid E Milad Send a card to a friend you've been thinking about.	30 Plan in your mind what your perfect day would be and then live it.	1	2	3	4
5	6	Notes Working Days 19 Socio-Eco Club: Zindagi aur Zarooratein - Social Responsibility				

December 2021



November '21						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

January '22						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	1 Plant wildflowers or native plants in your yard.	2 National Pollution Control (Assembly) Place a bird feeder or bird bath in your backyard.	3 Dr. Rajendra Prasad Birthday (Assembly)	4 Leave an extra large tip for a cleaner or maintenance staff with a note of thanks for their wonderful service.
5 Take extra winter hats & gloves to a school for children who don't have them	6 Pack extra snacks to offer to friends	7 Send a card or letter to a lonely elder	8 Send information regarding upcoming local events which you think a friend or family member might enjoy.	9 Research a cause & pass on the knowledge you gain to others	10 Human Rights Day Write a letter of appreciation to your parents.	11 Co-Scholastic Day
12 Compliment your neighbor's holiday lights and/or decorations	13 Plan a weekend getaway in nature and unplug from all electronic devices.	14 World Energy Conservation Day (Assembly & Awareness) Be present today	15 PT2 High five the first five people you see today.	16 PT2 Smile at everyone you see today	17 PT2 Write down three things you are passionate about.	18 PT2 Do something you love today.
19 Donate some of the presents you got but don't need to an orphanage	20 Deliver homemade cookies to a friend.	21 Give a note from Santa to a child you know	22 Professional Development Activity for Teachers(9-12) Shop at a local market without negotiation on price.	23 Farmer's Day (Assembly) Call someone in your family you haven't seen in awhile	24 Special Assembly Give sincere, handwritten thank you notes to all that made your holiday special	25 Christmas Take a picture with your family to send to an older relative
26 Use less plastic and be more conscious about recycling.	27 Sell old items and donate the profits to a good cause.	28 Make a list of ten things you'd like to accomplish next year.	29 Treat a friend or family member on a spontaneous dinner.	30 Reflect on everything you accomplished this year & take time to be grateful	31 New Year's Eve Put together a self care basket for a stressed out friend or relative.	1
2	3	Notes Working Days 26				

January 2022



December '21							February '22						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
			1	2	3	4			1	2	3	4	5
5	6	7	8	9	10	11	6	7	8	9	10	11	12
12	13	14	15	16	17	18	13	14	15	16	17	18	19
19	20	21	22	23	24	25	20	21	22	23	24	25	26
26	27	28	29	30	31		27	28					

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1 New Year Write a list of your hopes & goals for 2021
2 Download a meditation app and try it out tonight before bed.	3 Take your time eating and savor every bite	4 Make a conscious effort to smile more today.	5 Leave a basket of snacks and bottled water by the front gate of a railway station or bus stand.	6 Leave small containers of birdseed near a park or lake for other people to feed the birds.	7 When someone leaves a party or event on their own, text them to make sure they arrived home safe.	8 Create encouraging signs to hold up to cheer on your city's marathon runners.
9 Join a volunteer group	10 Hindi Diwas Host a get together with friends	11 Death Anniversary of LB Shashtri (Assembly)	12 Swami Vivekanandas Birthda National Youth Day (Assembly)	13 Road Safety Awareness (Safety week 11-17 Jan) (Road Show)	14 Makar Sankranti Share your favorite song with your social media community	15 Army Day (Assembly) Do something kind for someone you don't particularly like.
16 Send a friend or family member a framed picture of a special moment between you both.	17 Leave an inspiring poem, or painting somewhere in the community for someone to randomly discover.	18 Martin Luther King Day Surprise someone with a thoughtful, inexpensive gift.	19 Respectfully write about a social cause you care about & post it online	20 Day of Social Justice Learn something new about someone diferent from you	21 Send a family photo to your parents or grandparents.	22 Co-Scholastic Day Publicly praisesomeone for their
23 Subhash Chandra Bose Birthday Create a photo album of your family for your mother or parent.	24 Leave a basket of food for a family who is struggling financially.	25 Take today to kick back, relax and reflect on what's really important in life	26 Republic Day (Celebration)	27 Bring workers out in the cold or the homeless some hand warmers.	28 Create a gratitude jar and fill it with things are you grateful for all month.	29 Pre Primary PTM
30 Think about how you can be a person of integrity	31 Martyr's Day (Gandhiji's Death Anniversary)	Notes Working Days 24				

February 2022



January '22							March '22						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
						1			1	2	3	4	5
2	3	4	5	6	7	8	6	7	8	9	10	11	12
9	10	11	12	13	14	15	13	14	15	16	17	18	19
16	17	18	19	20	21	22	20	21	22	23	24	25	26
23	24	25	26	27	28	29	27	28	29	30	31		
30	31												

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1	2	3	4	5
		<p>Spend today spreading kindness however you can.</p>	<p>Write and send a thank you note to someone in your life that helped you through adversity</p>	<p>Say hello to the first three people you see today</p>	<p>World Cancer Day (Assembly)</p> <p>Hold the door open for a group of people</p>	<p>Treat a daily worker/labor with a chocolate as a surprise.</p>
6	7	8	9	10	11	12
<p>Do something nice for your neighbor</p>	<p>Compliment a parent on their child's good behavior</p>	<p>Start a garden in your community.</p>	<p>Listen to an inspirational TED talk.</p>	<p>Start a meeting with a round table of celebrations and gratitude.</p>	<p>Send a child a comic book they would enjoy.</p>	<p>Put a filled cookie jar in your work kitchen for coworkers to enjoy</p>
13	14	15	16	17	18	19
<p>Make an inspirational card for everyone in your class / office</p>	<p>Say hello to a stranger and ask how their day is going.</p>	<p>Basant Panchami Visit your parents and make them dinner.</p>	<p>Be accountable for everything you do or say today.</p>	<p>Randomly give a lottery ticket to a stranger.</p>	<p>Thank a teacher who made a positive impact on your life.</p>	<p>Make first aid kits for homeless shelters</p>
20	21	22	23	24	25	26
<p>Acknowledge someone with a smile or warm greeting when they walk into the room .</p>	<p>Hold a food bank drive in your community</p>	<p>Empty and read the gratitude jar you have created throughout the month.</p>	<p>Create a kindness tree and ask family and friends to decorate it with ornaments that have notes attached of a kind act they did.</p>	<p>Take a long walk in silence.</p>	<p>Change three small things about your routine that will help the environment.</p>	<p>Pre-Primary PTM (Assembly Info on Science Day)</p>
27	28	1	2	3	4	5
<p>National Science Day</p> <p>Buy flowers or a new plant for your home.</p>	<p>How can you show respect today?</p>					
6	7	<p>Notes</p> <p>Working Days 23</p>				

March 2022



February '22							April '22						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
		1	2	3	4	5						1	2
6	7	8	9	10	11	12	3	4	5	6	7	8	9
13	14	15	16	17	18	19	10	11	12	13	14	15	16
20	21	22	23	24	25	26	17	18	19	20	21	22	23
27	28						24	25	26	27	28	29	30

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	1 Pick up any litter you see on the street on your walk home.	2 World Wildlife Day Research fun facts about an animal you don't know much about	3 Write a list of five goals you would like to accomplish in your life.	4 Everyone is important. Learn the names of your security guard and sweeper helps at school.	5 Send flowers and candy to a nursing home or someone who is alone.
6 Write a letter to yourself about your positive attributes to read at a later date.	7 International Women's Day (Assembly) Dive into the history of a woman who made an impact on history	8 Reconnect with a long lost friend or relative	9 Look in the mirror & point out 10 things you like about your body	10 Maha Shivratri Surprise someone with an unexpected gift left outside their door	11 Participate in a "Pack-A-Backpack" for a child.	12 Participate in a coat drive and put encouraging notes in the coat pockets.
13 Send someone who is sick some chicken soup and a get well card.	14 Have confidence in yourself and your abilities.	15 Organize a community volunteer project or program	16 Reach out to a neighbor to offer any help they might need.	17 Get some friends together and gather treats for delivery workers with a note of appreciation for all their hard work.	18 Say something encouraging to a parent whose child is throwing a tantrum in public	19 Do five things that make you happy
20 Do an act of kindness for someone & encourage them to pay it forward.	21 World Water Day Bihar Diwas (Assembly) Take a shorter shower than usual to conserve water	22 Donate used towels & blankets to an animal shelter	23 Wake up early to appreciate the sunrise.	24 Purchase bright yellow tulips and hand them to a stranger who is alone	25 Prepare a home cooked meal for your family. Make an extra dish to deliver to a homeless person	26 Listen to an inspirational message on social media.
27 Use reusable grocery bags and hand a few extras out to other shoppers.	28 Holi Praise a coworker or classmate on a recent project they worked hard on	29 National Doctor's Day Give a thank you note to your doctor	30 Use less plastic and be more conscious about recycling.	31 Help your children, nieces or nephews with their homework.	1	2
3	4	Notes Working Day 25				